

## The Landing at LV Rogers February 3-28

### LUNCH ORDER – Return to Cafeteria with payment

Meals can be preordered & prepaid. Payment must accompany order. Make checks payable to L.V. Rogers School. Postdated checks are accepted. NO

REFUNDS are issued! Students **absent for their ordered lunch will only get credit if they call the office** no later than 10 A.M. on the day absent. Call 352-5538. Credits for this sheet will be processed on next month's order form. Additional meals are prepared daily for students who do not pre-order.

Meals may be subject to change.

Monday	Tuesday	Wednesday	Thursday	Friday
February 3 Coconut Curry \$5.00 (GF) <input type="checkbox"/> Chicken Coconut Curry <input type="checkbox"/> Lentil Coconut Curry (Veg) _____ Total	February 4 Enchiladas \$5.00 <input type="checkbox"/> Chicken Enchilada <input type="checkbox"/> Bean Enchilada  Creamy fillings with rice, served with Red Enchilada Sauce  _____ Total	February 5 Falafel Bowl \$5.00 <input type="checkbox"/> Falafels, tomatoes, cucumbers, peppers, tzatziki, hummus on a bed of rice.  _____ Total	February 6 Soup & Garlic Bread \$5.00 <input type="checkbox"/> Tomato, parmesan and basil soup <input type="checkbox"/> Lemony Lentil Soup  _____ Total	February 7 Burritos \$5.00 <input type="checkbox"/> Beef Burrito <input type="checkbox"/> Bean Burrito  Served with salsa and sour cream _____ Total
February 10 Burgers \$5.00 <input type="checkbox"/> Beef Burger <input type="checkbox"/> Chicken Burger <input type="checkbox"/> Veggie Burger (Veg) <input type="checkbox"/> Add Cheese \$0.50 <input type="checkbox"/> Add Yam fries \$2.00  _____ Total	February 11 Wraps \$5.00 <input type="checkbox"/> Chicken Ceasar <input type="checkbox"/> Falafel (veg)  _____ Total	February 12 Chicken Fingers/Baked Potato \$5.00 <input type="checkbox"/> Chicken fingers with Ceasar Salad \$5.00 <input type="checkbox"/> Baked Potato with Ceasar Salad (Veg) (GF)\$5.00  _____ Total	February 13 Glory Bowls \$5.00 (GF) Rice, beets, carrots, spinach and glory bowl dressing <input type="checkbox"/> with Tofu <input type="checkbox"/> with Chicken _____ Total	February 14 Pro D No School
February 17 Family Day No School	February 18 Pizza \$5.00 <input type="checkbox"/> BBQ Chicken <input type="checkbox"/> Pepperoni & Feta <input type="checkbox"/> Ham & Pineapple <input type="checkbox"/> 3 Cheese (Veg) <input type="checkbox"/> Spinach Tomato & Feta (Veg)  _____ Total	February 19 Spaghetti with garlic bread \$5.00 <input type="checkbox"/> Spaghetti and meatballs <input type="checkbox"/> Spaghetti and marinara sauce  _____ Total	February 20 Sushi Bowl \$5.00 <input type="checkbox"/> Seasoned sushi rice with crab, cucumber, carrot, avocado, nori and soy sauce (GF) <input type="checkbox"/> Veg option, no crab _____ Total	February 21 Mac & Cheese \$5.00 <input type="checkbox"/> Al dente pasta and veggies covered in cheese sauce  _____ Total
February 24 Coconut Curry \$5.00 (GF) <input type="checkbox"/> Chicken Coconut Curry <input type="checkbox"/> Lentil Coconut Curry (Veg) _____ Total	February 25 Nachos \$5.00 (GF) <input type="checkbox"/> Tri coloured Nacho chips with melted cheese and veggies <input type="checkbox"/> Add Beef \$1.50 _____ Total	February 26 Sub Sandwiches \$5.00 <input type="checkbox"/> Roast Beef <input type="checkbox"/> Meatball <input type="checkbox"/> Veggie & Hummus  _____ Total	February 27 Pesto Florentine \$5.00 <input type="checkbox"/> Penne pasta in a spinach alfredo sauce with parmesan <input type="checkbox"/> Add chicken \$1.50  _____ Total	February 28 Samosas with Green Salad \$5.00 <input type="checkbox"/> Vegan Samosas with Mango Chutney and Tossed Green Salad  <input type="checkbox"/> Juice \$1.00 <input type="checkbox"/> Milk \$1.50 _____ Total

**NAME (PLEASE PRINT) \_\_\_\_\_ Total \$ \_\_\_\_\_**  
**Return this original to the cafeteria with the enclosed payment. Thank You!**  
**Sorry, no substitutions**