

Content for Parent Newsletters

HEALTH PROMOTING SCHOOLS

April 2025

MENTAL HEALTH

For Caregivers/Parents from the BC Association of Clinical Counsellors

[Caregivers and the Teen Years: How to Navigate Your Relationship, Healthy Boundaries, and Conflict](#)

Tuesday, April 29th | 6 - 7pm, free virtual public event



Matters of the Mind | Caregivers and the Teen Years: How to Navigate Your Relationship, Healthy Boundaries, and Conflict

April 29 @ 6:00 pm - 7:00 pm PDT

◆ Public Event

FREE