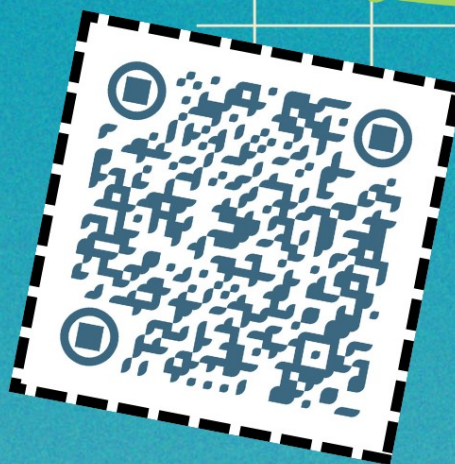




# FOUNDRY FRIDAYS

EVERY SECOND FRIDAY@HEALTH HUB

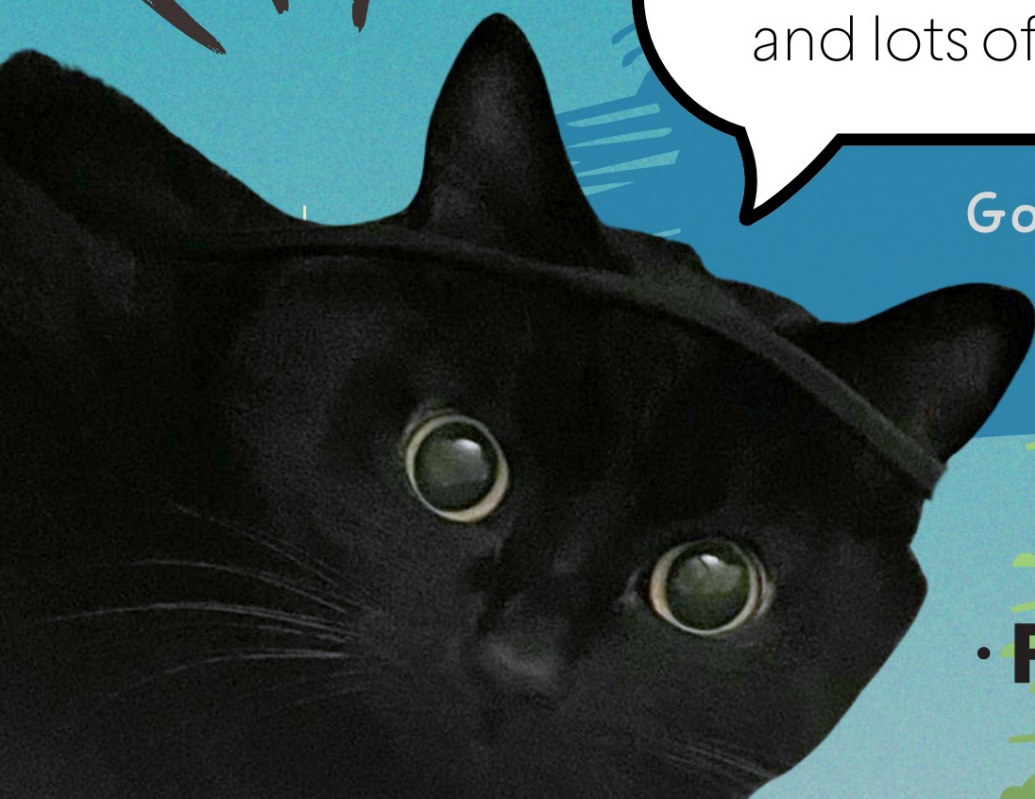


Updates &  
calendars



Come hang out for snacks,  
games, chatting mental health,  
and lots of other fun things

Got an activity idea?  
Let us know!



• FOUNDRY •  
KOOTENAY BOUNDARY