

Area of Learning: CAREER LIFE EDUCATION

BIG IDEAS

Finding a balance between work and personal life is essential to good physical and mental health.

A network of family, friends, and community members can support and broaden our career awareness and options.

Learning how to learn prepares us to be lifelong learners who can adapt to changing career opportunities.

Effective career planning considers both **internal** and **external** factors.

The global economy affects our personal, social, and economic lives and prospects.

Successful career and education paths require planning, evaluating, and adapting.

Learning Standards

Curricular Competencies	Content
<p><i>Students are expected to be able to do the following:</i></p> <ul style="list-style-type: none"> • Consider the impact of personal and career choices on themselves and others • Recognize the need for a healthy balance between school and other life activities • Recognize the influence of their communication skills and digital footprint on job-seeking • Consider the need for ethical behaviour, equality, and equity within a work environment • Appreciate the importance of safety skills and workplace safety in specific careers/occupations and technologies • Use entrepreneurial and innovative thinking to solve problems in their personal life and community • Recognize and explore diverse perspectives on how work contributes to our community and society • Locate and apply local and global career and labour market information to make potential career and life decisions • Identify and explore local-to-global social and economic trends and appreciate their impact on individuals, communities, workplaces, and career opportunities • Appreciate the role of personal networks in choosing and advancing their career paths • Begin to effectively use personal networking and marketing strategies to promote themselves • Make connections between community-based career-related experiential learning and potential career paths • Use self-assessment and reflection to consider their graduation and post-graduation goals and plans • Create an initial career and education plan, considering financial implications 	<p><i>Students are expected to know the following:</i></p> <p>Personal Development</p> <ul style="list-style-type: none"> • self-assessment for career research • goal setting • lifelong learning • graduation requirements • personal financial planning • workplace etiquette <p>Connections to Community</p> <ul style="list-style-type: none"> • global trends and economy <p>Career Life Plan</p> <ul style="list-style-type: none"> • essential career skills • employability skills • post-graduation opportunities • employment standards • labour and market trends • workplace safety <ul style="list-style-type: none"> – work-safe attitudes – injury prevention and safety protocols • work experience opportunities

Big Ideas – Elaborations

CAREER LIFE EDUCATION

- **internal:** self-awareness, personal learning inventories, skills and talents, career assessments, etc.
- **external:** labour market trends, social and economic trends, family and community, financial capability, etc.

Curricular Competencies – Elaborations

CAREER LIFE EDUCATION

- **ethical behaviour:** acting with integrity, being honest, and seeking to do the right thing at all times
- **equality:** the right to be treated fairly in workplaces, free from discrimination
- **equity:** equal opportunity
- **entrepreneurial:** enabling a person to take advantage of innovation, shifts in technology, and market demands
- **innovative:** original, creative; taking an existing idea and making it better
- **personal networking and marketing strategies:** including cover letters, resumés, soft skills, use of social media, digital job-seeking skills, application forms, pre- and post-interview skills
- **post-graduation:** refers to the time period after high school

Content – Elaborations

CAREER LIFE EDUCATION

- **self-assessment:** include learning preference inventories, skills; identify personal attitudes, values, and interests checklists
- **essential career skills:** reading, document use, numeracy, writing, oral communications, working with others, thinking, computer use, and continuous learning
- **employability skills:** fundamental, personal management, and teamwork skills
- **post-graduation opportunities:** schools, programs, tuition and costs, scholarships, bursaries, residency options, etc.
- **employment standards:** BC Employment Standards Act
- **labour and market trends:** WorkBC
- **injury prevention and safety protocols:** WHIMIS, PPE, safety training, WorkSafeBC, etc.
- **work experience opportunities:** job shadowing, volunteering, mentorship, employment, apprenticeship, entrepreneurship